

USA Cadet Folkstyle State Championships

Iowa Wrestling Federation Event

The First Step in the pursuit of the Prestigious
Iowa Triple Crown Title

March 6th and 7th 2009

UNI Dome

Cedar Falls, Iowa

Saturday Weigh-ins

2:00 to 3:30 pm. At the University Of Northern Iowa Cedar Falls

Sunday Wrestling Doors open at 7:30 am. Wrestling begins at 8:30 am.

Event Director:

Dan Summerhays

Phone: (319) 233-5269

Email: dsummer@mchsi.com

Qualifier for USA Wrestling Folkstyle Nationals

Hosted at the University of Northern Iowa

Mar. 31st thru Apr. 4, 2008

More Info at www.iowawrestling.org

General Information

- **Entry:** The official entry form must be accurately completed and include the \$25.00 entry fee.
- **Eligibility:** All athletes born in 1994 - 1995, and who are current members of USA Wrestling are eligible. **Proof of current USA Wrestling membership and proof of age witnessed at check in.** Membership cards may be acquired from the State Membership Director or on line thru a link at www.iowawrestling.org. Secondary sports accident insurance is provided as a benefit of membership.
- **Weigh-ins:** weigh-ins will be in the West Gym across the street from the UNI Dome at the University of Northern Iowa. **Weigh-ins will be held Saturday afternoon from 2:00 to 3:30 pm. There is NO scale allowance. There Will Be A Check Scale On Site.**
- **Rules:** National Federation of State High School Association scoring rules will govern the competition, unless otherwise indicated on this form. USA Wrestling rules governing ages, weights, and match time will take precedence when applicable
- **Uniforms:** Singlets required. Head gear is encouraged.
- **Match Length:** In accordance with USA Wrestling which will be 1-2-2 minute periods.
- **Pairings:** All brackets will use random draw to determine first round pairings. Double elimination line brackets with complete wrestle back to 3rd place.
- **Coaching:** Minimum Copper Certification Required to coach in corner. Wristbands will be issued free of charge to copper certified coaches with **current USA Wrestling Coaches Card**. There will be a Copper Certification Clinic on Saturday afternoon at 4:00 pm. in the Panther room located in the NE corner in side the UNI Dome. **There will be no coaches cards sold at State. Must purchase ahead of time at themat.com**
- **Floor Passes:** will be sold to anyone wishing to go on floor to escort wrestlers and take pictures for \$5.00

- **Medical Information:** Athletes must be prepared and submit to a skin disease screening prior to weigh-in. The Chief medical officer has full authority without appeal in determining the eligibility of an athlete to compete. IN the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.
- **Individual awards:** IWF Medals will be awarded to top six place winners in each weight class.
- **Team Trophy at State.** Must be a USA Chartered Club. All wrestlers must be registered to a USA Chartered Club to compete for that Club at State. Club Charters and Club Rosters must be registered with the IWF Secretary Denna Massey. 712-366-0738 prior to Jan 30, 2009.
- **National Team:** You will receive registration information at state. All wrestlers that compete at State are eligible for Nationals. If you as an athlete participate in either the IAHSAA Traditional State or Dual State Tournaments, you are exempt from wrestling at State in order to participate at USA Folkstyle Nationals.
- **Admissions:** Adults: \$7.00, Students K-12: \$4.00, Preschool: free
Certified USA Wrestling Coaches admitted free (Must have Current year USA Wrestling Coaches Card)

